# **MENDOCINO FARMS** sandwich market

# **SPRING 2018**

### NORCAL MENU

### Seasonal

### ASIAN SPRING ROLL SALAD 12.45 R/GF

shaved, roasted Mary's free range chicken breast, carrot and zucchini noodles, red cabbage, red onions, mint, toasted cashews, spicy Fresno chilis, Scarborough Farm's arugula, butter lettuce & romaine, fried shallots with peanut satay cilantro-lime vinaigrette

**Go Vegan!** Substitute our organic marinated, baked tofu in place of the Mary's chicken!

### Harissa Turkey Club 12.45

shaved, roasted turkey breast, nitrate-free Applewood smoked bacon, spicy harissa vinaigrette, almond romesco spread, smoked gouda, braised spring onions, chili aioli, Scarborough Farm's arugula on panini-pressed pretzel roll

#### "AL PASTOR" CHICKEN TORTA WITH STREET CORN 12.45 R/GF

Mary's free range "al pastor" marinated chicken, grilled street corn spread, avocado, grilled poblanos and onions, candied Fresno chilis, pickled red onions, shredded romaine, cilantro on panini-pressed soft roll

# Classics "Mendo Style"

### CHICKEN MBT 10.45 R/GF

( NOT YOUR TYPICAL BASIL AND TOMATO )

shaved, roasted Mary's free range chicken breast, Di Stefano fresh mozzarella, marinated red peppers, basil pesto, tomatoes, balsamic vinegar, Scarborough Farm's greens on ciabatta

#### THE FARM CLUB 11.45 R/GF

shaved, roasted turkey breast, smashed avocado, nitrate-free Applewood smoked bacon, herb aioli, tomatoes, Scarborough Farm's greens, pickled red onions on Mom's seeded whole wheat

### THE HOT ITALIAN 10.95 R/GF

caramelized nitrate-free Creminelli salami and nitrate-free honey ham with provolone, spicy olivemustard giardiniera, romaine lettuce, herb aioli on panini-pressed ciabatta

### A SANDWICH STUDY OF HEAT 11.25 R/GF

(Turkey Avocado)

shaved, roasted turkey breast, smoked gouda, smashed avocado, chili aioli, jalapeno relish, tomatoes, romaine lettuce on panini-pressed rustic white (side of salsa quemada by request) \* Ask your host how to make it completely cool or daringly hot!

### MODERN TUNA "ALMOST MELT" 10.95 R/GF

wild, line-caught all white albacore tuna with fresh herbs, celery, farmhouse cheddar, vegenaise, bread & butter pickles, red onions, tomatoes, Scarborough Farm's greens on panini-pressed buckwheat

### CAPRESE 9.45 R/GF

Di Stefano fresh mozzarella, tomatoes, marinated red peppers, basil pesto, Scarborough Farm's greens, balsamic vinegar on ciabatta

### Foodie Favorites

### "Not So Fried" Mary's Chicken 11.45

shaved, roasted Mary's free range chicken breast topped with Mendo's krispies, herb aioli, mustard pickle slaw, tomatoes, pickled red onions on toasted ciabatta with a side of our chipotle BBQ or mustard pickle remoulade

### PERUVIAN STEAK SANDWICH 12.45 R/GF

spicy aji amarillo marinated steak with Oaxacan cheese, herb aioli, red onions, tomatoes, shredded romaine on panini-pressed torta bun (+ avocado \$2)

#### KUROBUTA PORK BELLY BANH MI 11.45 R/GF

our Chef's playful take on the popular Vietnamese sandwich with braised, caramelized Kurobuta pork belly, housemade pickled daikon & carrots, cilantro, cucumbers, jalapenos, chili aioli on panini-pressed ciabatta

#### Prosciutto & Mary's Chicken 11.65 R/GF

Creminelli prosciutto & roasted Mary's free range chicken breast with Di Stefano fresh mozzarella, crushed honey roasted almonds, basil pesto, balsamic vinegar, tomatoes on panini-pressed ciabatta

#### STEAK BLT ON PRETZEL 12.45 R/GF

carved steak with balsamic glaze drizzle, nitrate-free Applewood smoked bacon, romaine lettuce, roasted tomatoes, herb aioli, red wine onions on toasted pretzel roll

## Vegan For All!

### SUPERFOOD HEMP BURGER 11.95 R/GF

vegan hemp seed house vegetable patty, spicy Chao tofu cheese, beet 1000 island, Scarborough Farm's butter lettuce, tomatoes, red onions, bread & butter pickles on a plant-based brioche bun

### VEGAN BANH MI 10.65 R/GF

organic marinated, baked tofu with vegenaise, sweet chili sauce, housemade pickled daikon & carrots, cucumbers, jalapenos, cilantro on panini-pressed ciabatta

### ENLIGHTENED FALAFEL WRAP 10.65

vegan hemp seed house vegetable patty, Mendo's classic hummus, vegan tzatziki, chermoula sauce, grape tomatoes, shredded romaine, julienned cucumbers, pickled red onions wrapped in a panini-

## Blue Plate Special

### SELECT 1/2 SANDWICH PLUS YOUR CHOICE OF SOUP OR DELI SIDE

Caprese 10.45

CHICKEN MBT 10.45 MODERN TUNA "ALMOST MELT" 10.45

FARM CLUB 10.95 VEGAN BANH MI 10.95 "Not So Fried" Mary's Chicken 10.95 STEAK BLT ON RUSTIC WHITE 10.95

### LOCAL ARTISANAL BREAD

Rustic White Torta Bun Whole Wheat Tortilla Pretzel Roll Ciabatta Soft Roll Buckwheat Mom's Seeded Whole Wheat Plant-Based Brioche Bun





SALAD STYLE +2.00

Allergy Warning: Although efforts are made to avoid cross contact of allergens, Ingredients are subject to availability, a suitable substitution may be made if necessar

### Entrée Salads

### ASIAN SPRING ROLL SALAD 12.45 R/GF

SEASONAL shaved, roasted Mary's free range chicken breast, carrot and zucchini noodles, red cabbage, red onions, mint, toasted cashews, spicy Fresno chilis, Scarborough Farm's arugula, butter lettuce & romaine, fried shallots with peanut satay cilantro-lime vinaigrette **Go Vegan!** Substitute our organic marinated, baked tofu in place of the Mary's chicken!

### THE IMPOSSIBLE TACO SALAD 11.95

plant-based chorizo-spiced Impossible Burger meat, housemade superfood krunchies, butter lettuce & romaine, curly kale, black bean, roasted corn & jicama succotash, red onions, cilantro, grape tomatoes, avocado with house vegan cashew chipotle ranch

### AVOCADO & QUINOA SUPERFOOD ENSALADA 10.95 R/GF 🛰

butter lettuce & romaine, curly kale, quinoa & millet, housemade superfood krunchies, black bean, roasted corn & jicama succotash, red onions, cilantro, cotija cheese, grape tomatoes, avocado with chipotle vinaigrette (+ shaved, roasted Mary's free range chicken breast \$3)

### THE MODERN CAESAR 2.0 10.25 R/GF

curly kale, butter lettuce & romaine, housemade superfood krunchies, shaved Grana Padano cheese, red onions, grape tomatoes, avocado with classic caesar dressing (+ shaved, roasted Mary's free range chicken breast \$3)

### SAVE DRAKE FARM'S SALAD 13.45 R/GF

shaved, roasted Mary's free range chicken breast, Herbes de Provence marinated Drake Family Farm's goat cheese, pink lady beets, green apples, dried cranberries, honey roasted almonds, red onions, Scarborough Farm's greens, butter lettuce & romaine with citrus vinaigrette

### Mama Chen's Chinese Chicken Salad 12.45

shaved, roasted Mary's free range chicken breast, napa cabbage & kale slaw with carrots & bean sprouts, butter lettuce & romaine, scallions, cilantro, toasted cashews, crispy wontons with miso mustard sesame dressing

**The Vegetarian Chinese Salad** Try it with organic marinated, baked tofu instead! Or ask how to make it vegan!

#### Mary's Chicken Cobb Salad 13.45

shaved, roasted Mary's free range chicken breast with balsamic glaze drizzle, butter lettuce & romaine, nitrate-free Applewood smoked bacon, crumbled blue cheese, avocado, grape tomatoes, red onions, hard boiled egg with mustard vinaigrette

### THE SOPHISTICATED CHICKEN & PROSCIUTTO SALAD 13.45 R/GF

Creminelli prosciutto & shaved, roasted Mary's free range chicken breast, roasted vegetables, Di Stefano fresh mozzarella, crushed honey roasted almonds, marinated red peppers, red onions, grape tomatoes, Scarborough Farm's greens, butter lettuce & romaine with basil pesto-balsamic vinaigrette

### Beverages

Puck's All Natural Fountain Sodas

ARTISAN BLEND UNSWEETENED BLACK ICED TEA

LEMONADE

ORGANIC VALLEY MILK

**BOTTLED WATER** 





